

AUSTRALASIAN COLLEGE OF MEDICAL NUTRITION

providing essential and excellent training in the application of nutrients in modern medical care

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Injectable Nutrients 2-Day Workshop – proposed structure for 2012

This is the proposed structure. Please note that details are subject to change. Dates at bottom of page 2.

Saturday

- 8:30 – 9:00 Opening address [**Dr Ian Dettman**]
Practical & Legal considerations [**Daan Spijer**]
Housekeeping procedures [**Liz Davies** or **Sue McGregor**]
- 9:00 – 10:00 **Vitamin C** Theory [**Cliff Meakin**]
- 10:00 - 11:00 Case history discussions of usefulness of IVC as a primary treatment. Examples are IVC and cancer, IVC and acute (eg GF) and chronic viral disorders (eg AIDS), IVC and allergic reactions, IVC and venomous bites/stings, IVC and burns, IVC and bacterial infections. [**Prof Robert Allen**]
- 11:00 - 11:30 BREAK
- 11:30 - 11:45 Each table discusses the case history allocated to their table and prepares an answer.
- 11:45 - 12:15 Case history answers discussed (plenary).
- 12:15 - 1:00 Practical demonstrations at each table using the best method for their case history as discussed. [**led by Liz Davies** or **Sue McGregor**]
- 1:00 - 2:00 LUNCH
- 2:00 - 3:00 **Vitamin B** theory [**Cliff Meakin**]
- 3:00 - 4:00 Case history discussions of usefulness of parenteral B vitamins including B-Dose forte, folic acid, methylcobalamin as stand-alone and in combination with IVC. [**Prof Robert Allen**]
- 4:00 - 4:30 BREAK
- 4:30 - 4:45 Each table discusses the case history allocated to their table and prepares an answer.
- 4:45 - 5:15 Case history answers discussed (plenary).
- 5:15 - 6:00 Practical demonstrations at each table using the best method for their case history as discussed. [**led by Liz Davies** or **Sue McGregor**]
- 8:00 - 9:30 A possible after-dinner question and answer session if enough participants are interested – coffee and port provided.

Sunday

- 9:00 - 10:00 **Magnesium, other trace elements, alpha lipoic acid, glutathione and Vitamin D** theory. [*Cliff Meakin*]
- 10:00 - 11:00 Case history discussions of usefulness of these parenteral injections alone and combined with parenteral vitamin C, vitamin B and vitamin D [*Prof Robert Allen*]
- 11:00 - 11:30 *BREAK*
- 11:30 - 11:45 Each table discusses the case history allocated to their table and prepares an answer.
- 11:45 - 12:15 Case history answers discussed (plenary).
- 12:15 - 1:00 Practical demonstrations at each table using the best method for their case history as discussed. [*led by Liz Davies or Sue McGregor*]
- 1:00 - 2:00 *LUNCH*
- 2:00 - 3:00 **Chelation Therapy** Theory [*Prof Robert Allen*]
- 3:00 - 3:30 *BREAK*
- 3:30 - 4:30 More theory as before break. [*Prof Robert Allen*]
- 4:30 - 5:00 Case history discussions of usefulness of chelation therapy – EDTA combined with magnesium, vitamin C and B vitamins. [*Prof Robert Allen*]
- 5:00 - 5:15 Each table discusses the case history allocated to their table and prepares an answer.
- 5:15 - 5:45 Case history answers discussed (plenary), with practical demonstrations at each table using the best method for their case history as discussed. [*led by Liz Davies or Sue McGregor*]
- 5:45 - 6:00 Setting up a clinic. [*Liz Davies or Sue McGregor*]
- 6:00 - 6:15 Post-test and presentation of certificates of attendance.

Dates and cities for weekend workshops in 2012:

- March 3-4** **Melbourne**
- May 26-27** **Melbourne**
- August 11-12** **Gold Coast**
- October 27-28** **Melbourne**